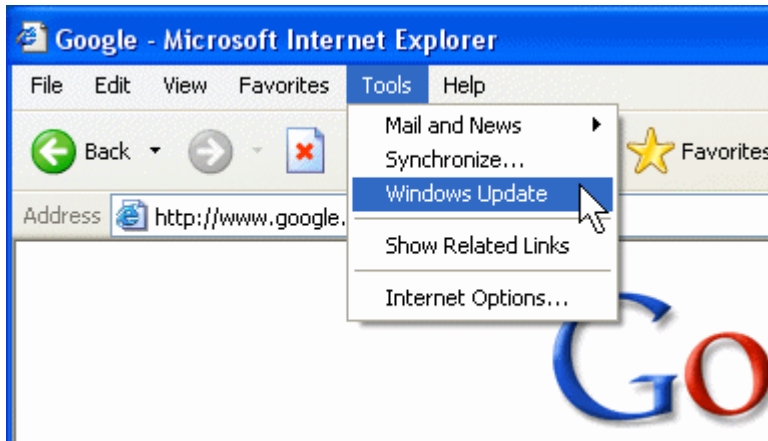


Windows Update Instructions

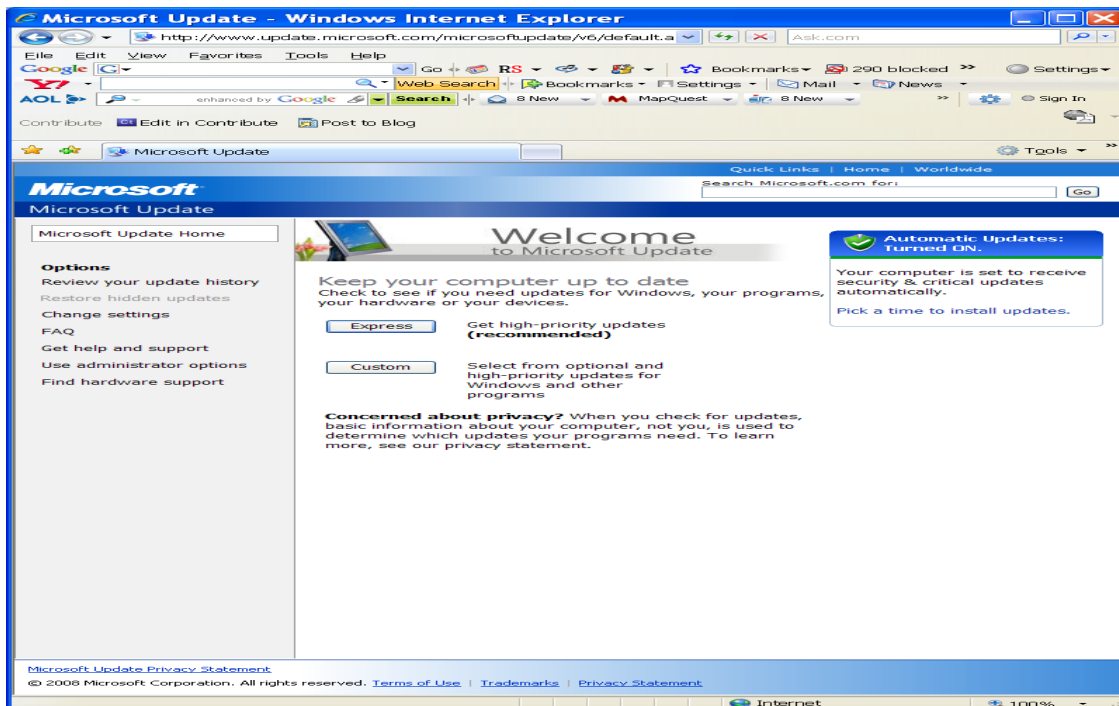
It is critical to update your windows operating system and Internet Explorer software regularly.

Just as it is important to update the virus definitions of your antivirus software, it is equally important to update the Windows operating system and Internet Explorer software on your computer. Just like virus definitions, Windows and Internet Explorer should be updated weekly. Fortunately, Microsoft makes this process fast and easy with their "Windows Update" web site.

Open your Internet Explorer web browser and click on **Tools -> Windows Update**.

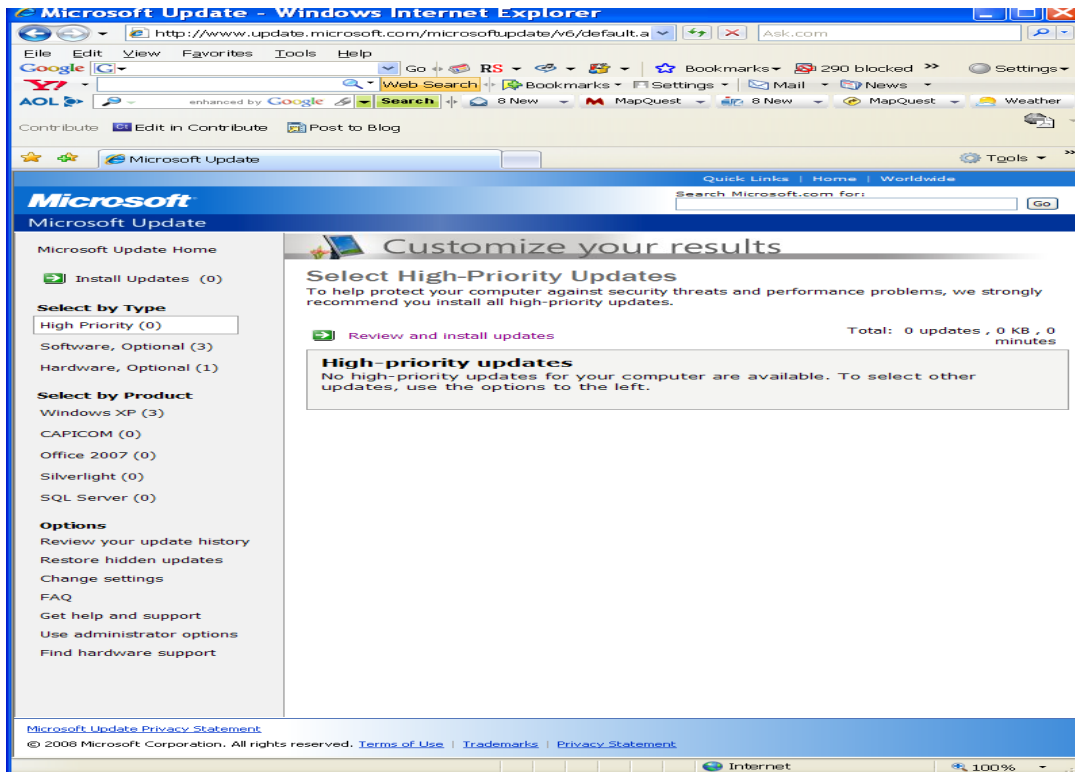


On the windows update welcome screen, click the **Custom** link.



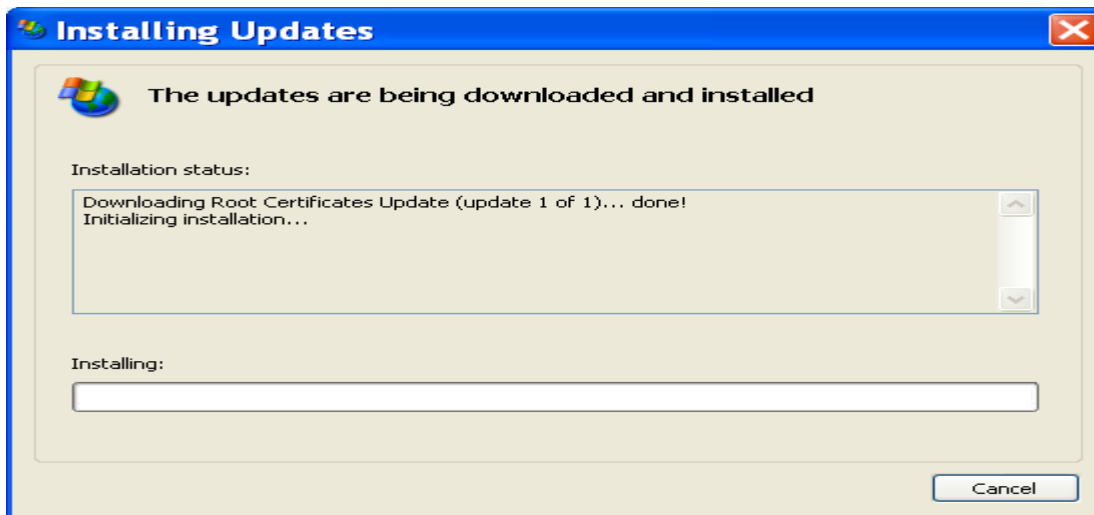
When your computer has finished scanning for updates, it will group the updates into three categories visible on the left side of the screen. The categories are High Priority, Software, Optional, and Hardware Optional. Click on the link for **High Priority**. You should always install any updates Microsoft releases as **high priority**. **Never click on the Hardware Updates link!**

You will now see a list of all the high priority updates needed by your computer.

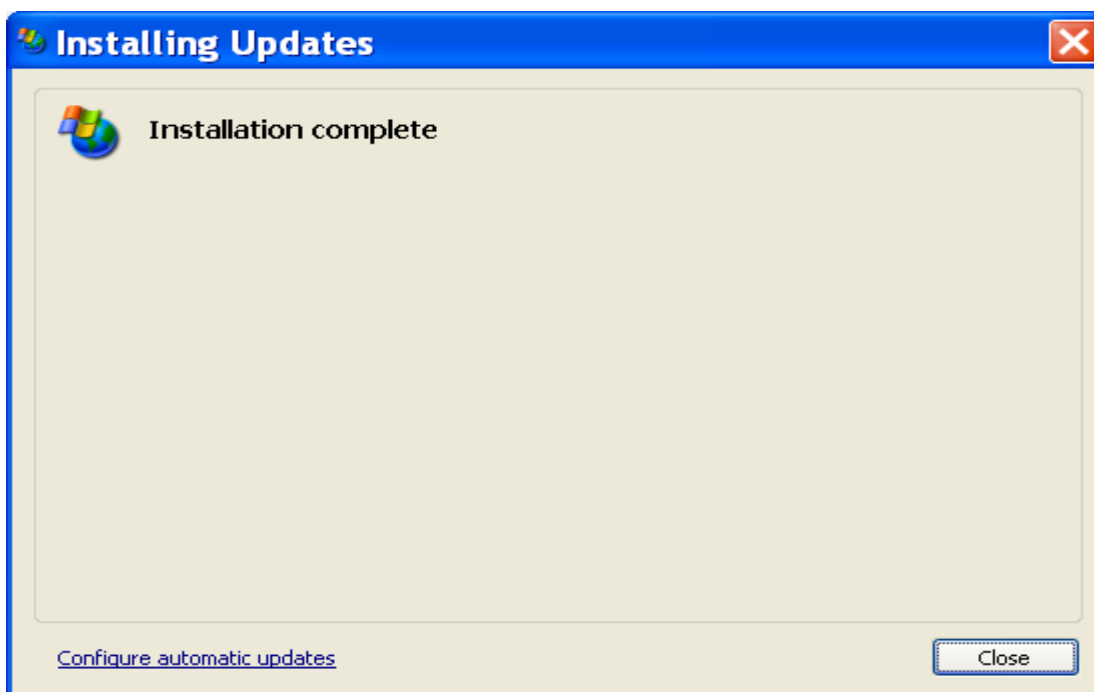


Your screen will remain mostly unchanged with the list of recommended updates remaining. Click on the **Review and Install Updates** link. Select the updates you want to install, and click on **review and install updates**. Click on **install updates**.

The updates are being installed now.



Installation complete will appear when all updates have run. Click on **restart now** or **close**.



Please note that many updates require that your computer be rebooted in order for them to take affect. In certain instances, specific updates may need to be installed by themselves. In these cases, multiple restarts may be required. Always click the **OK** button if asked **Do want to restart now?** You want to see (0) in the list of critical updates recommended for your computer. Once your computer has rebooted, the updates will be in place and your computer will be protected with the latest fixes for the Windows operating system and Internet Explorer.