Dear Student,

Congratulations, and welcome to Illinois Institute of Technology!

The Student Health & Wellness Center (SHWC) is a health and wellness facility at the Illinois Institute of Technology. We are located at 35th and State Street on the 3rd floor of the IIT Tower.

The SHWC provides on campus health, counseling and outreach services. Services are available for all students regardless of having the IL Tech student health insurance coverage.

The health team is staffed by Master’s prepared nurse practitioners’ who function as advanced practice clinicians in collaboration with a physician. Diagnosis and management of common illnesses and injuries as well as prescriptive authority is within the scope of advance practice nurses. Preventative medicine such as women’s health care, immunizations, nutrition and diet information, and laboratory testing are available.

The nurse practitioners are available Monday through Saturday during the Fall and Spring semesters by appointment and for walk-in emergency situations. The physician is on site approximately four hours per month. Some services may require a fee. Appointments may be scheduled online or by calling (312) 567-7550.

The counseling team is comprised of doctoral level clinical psychologists, licensed clinical counselors, one post-doctoral fellow, psychology externs and one part-time Psychiatrist. They provide psychological services to IL Tech students which include evaluation, individual psychotherapy, referral, and medication management by a psychiatrist. The SHWC assists students with many issues including loneliness, relationship concerns, family issues, depression, anxiety, concentration problems, sleeping difficulties, eating problems, addiction, career concerns, grieving, sexual concerns, anger management, cultural adjustment, and other personal issues.

Sessions typically begin by assessing the student’s need and then offering recommendations which may include regularly scheduled individual meetings with a counselor, group therapy, therapy with our psychiatrist and/or a referral to a nearby mental health professional. A treatment plan is made in collaboration with each student to best meet his or her needs.

All Clinical services are CONFIDENTIAL. Information communicated to SHWC’s staff will not be disclosed to anyone outside the SHWC without written consent from the student. There are rare exceptions to this policy, such as when there is a concern for the individual’s risk of hurting him/herself or someone else.

There is no charge for services, although there may be charge for prescription medications, labs, diagnostic testing and/or referrals to providers in the community. In addition to individual appointments, the SHWC also offers outreach programs to IL Tech students. Outreach includes workshops on topics such as stress management, time management, health fairs, self-care techniques and overcoming test anxiety, as well as other topics.

For students who have preexisting conditions, both psychological and physical, and/or have been receiving treatment prior to attending college, continuation of treatment is usually recommended. Our staff is happy to speak with students about this or other issues and how we can facilitate this transition while also abiding by state and federal HIPAA guidelines. To learn more call the SHWC at (312) 567-7550 or visit us on the web.
Student Health Insurance

IL Tech partners with Aetna Student Health to provide health insurance to the students of IL Tech. All students registered for 1 academic credit hour or more are automatically enrolled and charged for the student health insurance plan during our fall and spring term only.

If you are enrolling during our summer term, please go online to www.aetnastudenthealth.com/iit and complete the electronic enrollment form. Deadlines for this option can be found below.

All students registered for one academic credit hour will be automatically enrolled in the Aetna Student Health Insurance Plan and billed $1499.00 for the annual coverage. If the student wishes to utilize private benefits and would like to opt out of the Aetna Student Health Plan, they can complete the electronic waiver form found at www.aetnastudenthealth.com/iit. The electronic waiver form MUST be completed before the deadlines shown below.

Annual coverage period – August 10th thru August 9th
Waiver Deadline - September 1\textsuperscript{st}
Spring coverage period – January 6\textsuperscript{th} thru August 9th
Waiver Deadline - January 26\textsuperscript{th}
Summer coverage period – May 20th thru August 9th
Enrollment Deadline May 20\textsuperscript{th} (may change due to Aetna Student Health guidelines)

Students will have to log on to Aetna Student Health’s website (aetnastudenthealth.com/iit) and use the Aetna Navigator to print their insurance card and access insurance benefit information.

Students enrolled in the Student Health Insurance Plan may also purchase coverage for eligible dependents during open enrollment. All eligible dependents enrolling for coverage must submit an enrollment form to the “Aetna Benefit Planning Insurance Agent, Inc.” This can be done via US Post or online through www.aetnastudenthealth.com/iit. Payment for this coverage is handled directly by Aetna Student Health.

A detailed explanation of the benefits available to all eligible students and dependents can be found online at www.aetnastudenthealth.com/iit under “Plan Documents.”

Please Help us Help You Avoid a Registration Hold!

We know that proving immunity from communicable diseases is not the first thing on most people’s minds. However, we at the Student Health and Wellness Center, feel passionately about promoting the health of our students. All incoming students are required to submit documentation that they are compliant with University and State of Illinois Immunization requirements.

So here is what you need to know:

- The State of Illinois dictates that all students are required to present proof of immunity from measles, mumps, and rubella (MMR), as well as present proof of their primary Tetanus/Diphtheria/Pertussis (TD/TDaP) series (3 injections) and a Meningococcal Meningitis vaccine (if you are between the ages of 16-22).

- In addition, international students must and have a Quantiferon Gold or TSPOT blood test to rule out Tuberculosis disease. If the blood test is positive, the student will need to obtain a chest x-ray.
  - Please note: We DO NOT accept tuberculosis (TB) skin tests.

- All students must follow the steps outlined at http://www.iit.edu/shwc/health_services/
• Students who are not properly immunized or who do not have proof of immunization are required to obtain any missing vaccines. They may receive either of the aforementioned immunizations and/or the TB screening at the SHWC by coming in during our walk-in immunization time(s).

• Please note that no appointment is required during the walk-in immunization times. These times can be found online at www.iit.edu/shwc/health_services. This service is available to all students; those with the Aetna Student Health Insurance plan will not incur a cost for the vaccines administered/test.

• **Failure to comply with the immunization requirement(s) will result in an immunization hold preventing registration for the subsequent semester.**

• The hold will be lifted when the student becomes compliant or “in-progress” towards compliance with the immunization requirement(s).

For additional information about immunizations, please contact SHWC at student.health@iit.edu. For a copy of the State of Illinois law, please visit:

http://www.ilga.gov/legislation/ilcs/ilcs3.asp?ActID=1056&ChapAct=110%20ILCS%2020/&ChapterID=18&ChapterName=HIGHER+EDUCATION&ActName=College+Student+Immunization+Act